

MEDICAL CLINIC at St. Ann Catholic Church

Operated by St. Joseph Primary Care & Volunteers
(919) 386-6866

**NOW
OPEN!**



A New Kind of Health Care

2017

ST. JOSEPH PRIMARY CARE

a Ministry of Caring



Executive Director's Message

On behalf of St. Joseph Primary Care, including our staff, board of directors, and volunteers, we would like to thank the many generous benefactors, Bishop Zarama, priests, and patients who have chosen to support our ministry. Because of you, we have been able to provide Catholic medical care to our low-income neighbors and those in our community who do not have medical health insurance.

2017 has been a year of Grace for the Ministry of Caring at St. Joseph Primary Care. On 8/8/2017, we opened a second clinic at St. Ann Catholic Church. It's the first Catholic Church that has a medical clinic in the greater Triangle area. God sends us many holy priests, wonderful volunteer Catholic physicians, nurses, and volunteers so that we can form a Day of Grace. It's a Free Sunday Clinic held on every last Sunday of the month, to serve our neighbors. Like previous years, this year we were able to continue to provide 28 free mammograms, 62 free flu shots, and more than 200 charitable care patient visits. We continue to work with Walgreens, UNC REX Health care, Duke Cancer Institute, and Project Access to provide boarder medical care for those who are less-fortunate. They are the ones that Our Lord Jesus Christ commanded us to assist.

St. Joseph Primary Care has a unique team - a husband and wife. They were featured in the NC Catholics Magazine in March of 2017. Please visit <http://www.dioceseofraleigh.org>
There is also a link on our website <http://www.STJPC.com>

Everyday, we are blessed to have an opportunity to provide quality health care to many of our patients. We continually thank God for His guidance and His blessing to St. Joseph Primary Care. We thank our patients, benefactors, Bishop, pastors, priest for making pro-life medical care available in Wake and Johnston County.

FEAST OF ST. JOSEPH CELEBRATION 3/17/2018

St. Joseph Primary Care cordially invites you and your family to join us for the celebration of the feast of Saint Joseph on March 17, 2018 from 6pm - 9 pm at St. Ann Catholic Church. **\$50 per person**
Reserve your ticket today, limited capacity.



The celebration features special guests, live entertainment, wine, beverages, dinner, and much more. Donations are tax deductible.

“High Spirits and Big Smiles”

We arrived in the United States in January 2017 from Hungary. Coming to America from Europe, health care is one of the biggest shocks for us. It is expensive and confusing. In the first weeks of our arrival, we enrolled our three young children in school. But first, they needed to be exam by a doctor. From a friend of our church, we discovered St. Joseph Primary Care. On the day of the appointment, it was rainy. Since we do not own a car, and were not familiar with the bus system in Raleigh, we planned to walk 3-miles to the clinic. But, thanks to Mr. Peter Le, he offered a ride. We were grateful to see Dr. ThuHuong Trinh, our first doctor in America. Dr. Trinh was there to care for us. Every time we go to see her, we have always experienced not only quality care, but great service. We are grateful for St. Joseph Primary Care, Dr. Trinh and Peter Le, and their mission to care for their neighbors. Thank you for the endless high spirits and big smile! God bless you all and to those your serve!



“The one thing God needs from you is availability. He can take care of the rest.” Mathew Kelly

By Maria Guerra — Patient Navigator



That’s exactly what I did. I joined St. Joseph Primary Care (STJPC). I knew God was calling me to serve Him at STJPC. Since then, I witness little miracles at STJPC. Being an immigrant myself, I know well the many obstacles that the Hispanic community faces to get quality healthcare: lack of insurance, language barriers, transportation problems, different cultural beliefs, and immigration status. When you are sick and most vulnerable, you don’t need obstacles. You need a helping hand. That’s what STJPC represents for many. Whether a patient needs a last minute appointment, a home visit for lack of transportation or mobility, a longer appointment to understand the cause of his condition and the steps needed to improve his health, or a listening ear to cope with everyday problems and anxieties especially in these uncertain times, Dr. Trinh is always there, for as long as is needed, to care for the needs of the whole person, and to remind the patient that God is Love and we can always come before Him to ask for help to live a happy and healthy life.



High Point
AUDIOLOGICAL
Helping You Hear The Sounds Of Life Again

Melissa Palmer

As a parishioner of St. Ann, I am excited to be a part of the new Medical Clinic that was opened on August 8, 2017. It has been a dream for the community to have a medical clinic. My experience working with St. Joseph Primary Care, along with their vision for this ministry has been so inspiring. They have such a big heart and continues to think of wonderful ways we can serve our parish and their healthcare needs. As an audiologist in this community, volunteering monthly for the Day of Grace (Free Sunday Clinic) at the St. Ann Medical Clinic allows me to offer my services to those in need. From hearing assessments to ear protection, I have been able to share the importance of healthy hearing with others. Here at the St. Ann Medical Clinic you will find a caring team of medical providers and staff in a peaceful environment. This wonderful medical clinic offers parishioners a unique healthcare option for the mind, body, and soul.

GOD OF WONDERS

At St. Joseph Primary Care, we often have a chance to witness a God of Wonders. On the Grand Opening Day of the Medical Clinic at St. Ann Catholic Church, we had a patient who was in need of an EKG evaluation. At that time, we did not have an EKG device. The cost of an EKG is about \$2,000 - \$5,000. A few days later, while attending the daily mass, there was a “spirit” telling us to go ahead and buy the device. After mass, we placed the order despite lack of money to pay. The invoice was \$5,485. About three hours later, the mail-lady came and gave us our daily mails. There was a letter from Mr. & Mrs. Perrotta, whom we haven’t met and know nothing about. We opened the letter. Inside, there was a check for a DONATION in the amount of \$5,000. We called Mrs. Perrotta to thank her. She informed us that it was a bonus check. She and her husband already were blessed with many gifts and so she would like to share this gift with the Medical Clinic at St. Ann Catholic Church, operated by St. Joseph Primary Care. “I am sure you’ll know what to do with the money,” she said. Indeed, we do. We are now fully equipped with a latest EKG. Thank you God through the gifts of our benefactors, Mr. & Mrs. Perrotta. He’s a truly God of Wonders!

“My mom and I give thanks to God, St. Joseph Primary Care, and UNC for helping my mom so she could have eye surgery. Now she doesn’t feel pain in her eye anymore. Thank you from the bottom of my heart. Thanks for being merciful. You have increased my faith in God. Thanks be to God! God is alive! Thanks also to Mother Mary for interceding for the world.” Mrs. America Perez

MERCY fund

“Be merciful, just as your Father.”
Luke 6:36

Please join us in prayers, deeds, and works of mercy. Please consider contributing to the MERCY FUND so that we can extend the help to those in need. Thank you for your generous support. Through this gift, St. Joseph Primary Care can continue to provide quality and affordable primary health care. Everyone is welcomed at the clinic, regardless of their ability to pay. To learn more about the ministry of caring and a new kind of health care, please visit www.STJPC.com or call (919) 386-6866. Thank you!

St. Joseph Primary Care is a registered 501(c)(3) not-for-profit organization incorporated in the state of North Carolina. Your contribution is tax-deductible to the extent allowed by law. Federal tax ID# 46-5192720

MISSION

To provide comprehensive, affordable, personal health care to all of our patients; without regards to income, employment, insurance, faith, or documentation status.



ThuHuong Trinh, MD
Board Certified Family Physician

A New Kind of Healthcare

Direct Primary Care

The sole intent of our care is to give our neighbor affordable and quality health care, as well as, providing them with the tools to live a happy and healthy lifestyle. Members receive high quality, comprehensive, and personalized Christian health care from a board certified physician.



Direct Access

Easy access to your doctor via email, texting, and telemedicine.



Empowerment

Unlimited office visits with no copay so you can take charge with your health.



Flexible Appointments

Same/next day appointments, spend more time with your doctor.



Make a Difference

Your fees help us to practice medicine among the marginalized.

About Us

Dr. ThuHuong Trinh is a board-certified physician with over 22 years of experience practicing family medicine. She graduated from Princeton University and the Medical University of South Carolina at Charleston.

St. Joseph Primary Care offers a Membership Care Program to help our neighbors who are uninsured, under-insured, or that have a high deductible policy; so that they will have access to high-quality, affordable, comprehensive, and personalized Christian health care. Members receive unlimited office visits, no co-pay, and discounted labs and medications. Membership fee starts at \$50 a month and may be tax-deductible.

Our Goals

“To care for the sick is to welcome them; to serve them is to serve Christ!”
Pope Francis



- ✓ **Care**
Provide quality health care and flexible appointments.
- ✓ **Welcome**
Remove barriers that prevent you from being seen by a doctor.
- ✓ **Serve**
Provide tools to live a happy and healthy lifestyle through the Membership Care Program.

ST. JOSEPH PRIMARY CARE

MEDICAL CLINIC
ST. ANN CATHOLIC CHURCH

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The Many Flavors Of Direct Primary Care

Appeared on <http://www.forbes.com> on Feb. 26, 2016

Katherine Restrepo, CONTRIBUTOR



Special points of interest: ST. JOSEPH PRIMARY CARE—A NEW KIND OF HEALTHCARE

- * Unlimited office visits
 - * No co-pay
 - * Flexible Same/next day appointment
 - * Longer appointments
 - * Fees may be tax deductible
 - * Discounted labs/medications
- Tired of the average 8-minute doctor visit? Then consider making the switch to direct primary care (DPC). For an affordable monthly payment, patients are granted around-the-clock care, and doctors can spend more time with their patients. They can make house calls. They can dispense prescription medications in-office.

CONTACT

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The list goes on....

One of the best things about DPC is that it comes in a variety of flavors. Solo practitioners operate their own DPC establishments. Others practice under a hybrid model, in which a physician group accepts insurance and also delivers basic health care without the middleman. Others cater to large self-insured employers (both private and public) as a preventative health care benefit option for their workers.

And then there is St. Joseph Primary Care, a Catholic direct care clinic located in Raleigh, NC. Founded in Au-

gust 2014 by executive director Peter Le and his wife, Dr. Trinh, the nonprofit believes that sustaining improved health outcomes for patients is a combination of more time spent with the doctor and tapping into one's faith in God.

Mr. Le explains that patients' quarterly or annual membership fees help to offset the cost of charitable care provided to members unable to pay. One can consider the clinic to operate under a "Good Samaritan" model, whereas big government programs like Obamacare are more like Robin Hood, stealing from the rich to give to the poor.

Through St. Joseph Primary Care, patients (also known as benefactors) willingly contribute portions of their annual membership fee to help those less fortunate. Say, for example, a benefactor pays his or her annual \$500 fee upfront, but only visits the clinic for a comprehensive physical and a few basic lab tests. Unused portions of

the benefactor's membership can then be claimed as a tax-deductible donation because St. Joseph Primary Care is a federally registered tax-exempt organization and uses those leftover funds for charitable care.

How's that for taking comfort in knowing that patients struggling to afford basic health services are benefiting from the same superior level of health care as paying members.

To date, the Good Samaritan values St. Joseph Primary Care lives by are a self-sustaining success. The clinic relies on word of mouth advertising primarily through the Catholic Church and the patients, since an overwhelming majority of its benefactors are parishioners. Clergy also act as a referral source by identifying families in need. Dr. Trinh and her staff currently care for 268 patients. They hope to reach a panel of 500.



Please call
(919) 386-6866

Did you know that most medical clinics do not accept patients who are undocumented, even though they are self-pay (cash) patients?

Did you know that St. Joseph Primary Care is one of the few clinics in the country that offer medical care at a Catholic church?

Did you know that our low-income patients can receive free specialty services such as eye care, orthopedic, cardiac care, gynecology, mammography, ENT, and other services?

Did you know that your pastor/priests can refer parishioners to St. Joseph Primary Care?

Did you know that our main source of funding is mostly from our patient revenues and YOU—our benefactors? For each paying patient, we can provide charitable care to another patient.

We need your help! Please consider contributing to the MERCY FUND or join the **Membership Care Program** so that we can continue with our Catholic medical mission. All gifts and donations are tax deductible. We trust that GOD CAN USE YOUR GENEROSITY through the ministry of caring at St. Joseph Primary Care and the Medical Clinic at St. Ann Catholic Church. Federal Tax ID # 46-5192720

MERCY IN ACTION

Through your donations and membership fees from our members, we can practice medicine among the marginalized by offering these services throughout the Catholic Churches.

*Gracefully
thank you!*

St. Joseph Charitable Care

Priests and staff at any Catholic churches can refer their parishioners to receive charitable care through the Mercy Fund.

DAY OF GRACE is a Free Sunday Clinic and a day where Catholic medical professionals and volunteers come together to provide free and charitable care for their neighbor and for the love of Christ. For those who in need of medical care and lack access to healthcare, please join us on the Day of Grace which is held on every last Sunday of the month except in November & December when it is held on the first Sunday of the month. In order to receive free care, participants must present with a health card, provided by the Clinic, and obtain an appointment (in person) at the Clinic from 8 am - 10 am. Services are free as long as funding available.

DAY OF CARING (DoC) is a version of our “backyard medical mission” - providing a high quality, comprehensive, and personalized Christian health care screenings. **DoC** is a way to engage head, heart, and hands in love of God and neighbor. On this day, St. Joseph Primary Care partners with one of the local churches, transforming the church into a free health clinic to address the physical, emotional, and spiritual needs of people in the community. The **DoC** model encourages and equips volunteers from local churches, healthcare providers, other medical ministries, and businesses to host a one-day health fair screenings meeting human needs in Christ’s name. Rather than traveling to another location, volunteers engage the community in which they live with this “backyard medical mission”. The next Day of Caring is on February 3, 2018 from 9 am—2 pm at St. Ann Catholic Church.

FREE FLU SHOT CLINIC - During the flu season, St. Joseph Primary Care collaborates with Walgreens and together they travel to local churches and administer FREE flu shots to the community. Our hope is that through primary prevention, people will remain healthy from the seasonal flu and continue to come to church and receive the Eucharist, pray and be generous with their gifts, and continue to give God thanks and praise.

FREE MAMMOGRAMS- St. Joseph Primary Care collaborates with REX UNC Health Care System to offer mammogram screenings to women for early detection of breast cancer. On this day, patients/members of St. Joseph Primary Care can come to our clinic and receive a free mammogram through the Mobile Mammography Program. Since many of our patients/members are parishioners at local churches, St. Joseph Primary Care coordinates with REX UNC Health Care System so that they can receive free mammograms at their local churches instead of coming to St. Joseph Primary Care.



St. Joseph Primary Care
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