

# MERCY fund

To prepare ourselves to receive God's mercy in the Year of Mercy and beyond, please join us in prayers, deeds, and works of mercy. Please consider contributing to the MERCY FUND so that we can extend the help to those in need. Thank you for your generous support. Through this gift, St. Joseph Primary Care can continue to provide quality and affordable primary health care, and anyone is welcomed to the clinic, regardless of their ability to pay. To learn more about the ministry of caring and a new kind of health care, please visit [www.STJPC.com](http://www.STJPC.com) or call (919) 386-6866. Thank you!

## Wanna Host a Free Health Care/Fair?

**DAY OF CARING (DoC)** is a version of our "backyard medical mission" - providing a high quality, comprehensive, and personalized Christian health care. DoC is a way to engage head, heart, and hands in love of God and neighbor. On this day, St. Joseph Primary Care partners with one of the local churches, transforming the church into a free health clinic to address the physical, emotional, and spiritual needs of people in the community. The DoC model encourages and equips volunteers from local churches, healthcare providers, medical and college students, other medical ministries and businesses to host a one-day health fair meeting human needs in Christ's name. Rather than traveling to another location, volunteers engage the community in which they live with

this "backyard medical mission". As we celebrate the Year of Mercy, DoC is our way of asking the Lord for his mercy. First, we must do our part for those in need. Please Join Us !!! You can join us by contributing to the **Mercy Fund** or join us for another "backyard medical mission", right here in town.

For more information on how you can donate, visit [www.STJPC.com](http://www.STJPC.com) and witness DoC in action. You can read about St. Michael Catholic Church in Cary, NC where on October 3, 2015, 120 people came and received free dental and health screenings.

Please call Peter Le (919) 201-5119 on how we can help you to restore health for the people in your community.

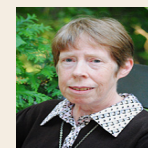
## Board of Directors >>>



Arthur Powers, JD



Walter Tan, MD



Echo Lewis



Peter Le



Rev. Msgr. Michael Shugrue

Look down to us, Saint Joseph, Protector of Our Lord. You are the saint all humble, Who gained eternal fame; In your devoted family Our souls in trust confide, Direct our way to heaven. Saint Joseph, be our guide.

Text: Jan Michael Gannon

*St. Joseph—Pray for us*

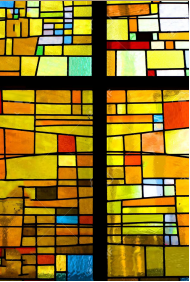
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## A New Kind of Health Care

# ST. JOSEPH PRIMARY CARE

a Ministry of Caring



## Mission & Values

Our mission is to provide comprehensive, affordable, personal care to all of our patients, without regard to income, employment, insurance, faith, or documentation status. Our services meet the needs of the uninsured, the under-insured (those with high deductible plans), and people seeking a personal and enduring relationship with a physician who shares their values.

Following the tradition of Catholic healthcare, we follow the life affirming teachings of the church. We focus upon whole-person wellness, do not provide or refer for contraception, abortion, and encourage the use of Natural Family Planning and compassionate hospice care at the end of natural life. Our goal is to bring compassion to healthcare and to be good help to those in need, especially those who are poor. We commit ourselves to help bring people (one person at a time) to health and wholeness as part of the healing ministry of Jesus Christ through the Catholic Church.

## Medical Director's Message



On behalf of all of us at St. Joseph Primary Care, including our staff, board of directors, and volunteers, I would like to thank the many generous benefactors and donors who have chosen to support our ministry. Because of you, we have been able to provide authentically Catholic medical care to the men, women and children in our community who do not currently have medical insurance.

As we prepare to celebrate - the Year of Mercy, we reflect on all the blessings at STJPC since our opening on August 8, 2014, I cannot help but give God thanks and praises. It was the year of God's grace. We have gone from having zero to 235 patients today, visited 6 Catholic churches, administered over 200 flu shots, made 4 house-calls, offered free health fair/screenings (Day of Caring) to 120 low income patients, and personally transported one walk-in patient to the Emergency Department. Every day, I am blessed with the opportunity to provide quality health care and share God's love to our patients. I continually thank God for His guidance and His blessing of St. Joseph Primary Care. I thank our patients, benefactors, supporters, Bishop Burbidge, pastors, and priests for making 100% pro-life medicine available in Wake County. Rejoice and be glad!

ThuHuong Trinh, MD  
Medical Director

## FEAST OF SAINT JOSEPH—3/19/2016

St. Joseph Primary Care cordially invites you and your family to join us for the celebration of the feast of Saint Joseph on March 19, 2016 from 7pm - 9pm at the Fallon Center of Our Lady of Lourdes Catholic Church.

**\$10 per person/kids free.**

Reserve your ticket today, limited capacity.

The celebration features special guests, live entertainment, wall of wine, beverages, dinner, kids games, and many more. Donations are tax deductible.



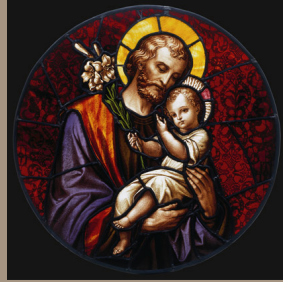
St. Joseph Primary Care  
4400 Falls of Neuse Rd., Suite 101  
Raleigh, NC 27609

a Ministry of Caring

"When you give medicine, add a few drops of love. Without this, medicine serves very little." St. Padre Pio

# “Because of you, I know Jesus still loves me.”

An 80 year old patient came to St. Joseph Primary Care . The patient immigrated to America from Russia. Since none of the staff could speak Russian, we called Fr. Matthew from St. Nicholas Ukrainian Catholic Church and asked for help. On the day of the appointment, we welcomed the patient and the translator from St. Nicholas Church. We spent nearly three hours caring for her. During the examination, this patient shared her stories on how she came to America.



We discovered that shortly after her arrival to America, due to an unknown hardship, the patient was left alone and had no one to care for her. At the end of the visit, the patient gave Dr. Trinh a hug, and tried to speak few words in English. She said to Dr. Trinh, “Though my family has abandoned me, today, because of you all, I know Jesus still loves me”. The patient left and donated \$5 for her visit. That day, we all gave God thanks and praise for allowing us to be the hands and feet of Jesus.



**Conversation with Bishop Burbidge:**

As I shared this story with Bishop Burbidge, he gave me an insight to the moral of the story. He reminded me that “nothing can separate us from the love of God.” (Romans 8:38-39)

Our encounter with this 80 year old patient has reaffirmed our belief. There shall be no sickness, abandonments, hardships, sins, or even death that can take us away from God’s love, as long as we “put God in our heart. We should be in lack of nothing.” (Prayer of St. Theresa of Avila)

## An Innovation Response >>>

### Two Practices in One

*Our mission is to serve the community of Wake County by establishing a self-sustaining not-for-profit medical practice that consistent with the Catholic healthcare tradition.*

Patients of St. Joseph Primary Care have grown to appreciate the benefits of concierge medicine, a form of primary medical care offering patients unprecedented personal medical care rarely found in more traditional medical practices. Concierge medicine has become a nationally growing trend as consumers and doctors alike are becoming increasingly frustrated by having to answer to insurance companies for important medical decisions. In addition to the tangible benefits concierge medicine offers, such as same day scheduling and 30-60 minute appointment times; patients love the intangible benefits of forming a personal relationship with their doctor who knows them, their families, and their complex medical histories. This personal approach to medicine was part of the inspiration behind STJPC. “Our focus is on preventative medicine, and helping our patients to manage chronic conditions, such as diabetes and hypertension, through medications and a more healthful lifestyle. Because we have eliminated the need to bill insurance companies, by collecting a modest annual fee from our patients, our patients are in charge of their own healthcare, not a representative of an insurance provider”, explains Dr. Trinh. The fees paid by the Clinic’s patients allow the physician at St. Joseph Primary Care to treat the uninsured in the community free of charge or low-cost. “At St. Joseph Primary Care, all our patients are receiving high quality primary care from the same doctor”.



**THE BEST AND THE BRIGHTEST  
PRINCETON UNIVERSITY  
ThuHuong Trinh, M.D.**

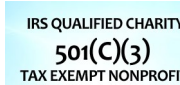
Board Certified in Family Medicine | Medical University of South Carolina | Doctor of Medicine  
21 years of experience in the field of medicine

## Five ways to help grow St. Joseph Primary Care

Many of us would agree that we have a broken health care system. St. Joseph Primary Care offers a unique new kind of health care. For this clinic to flourish and provide its ministry to the poor who are unable to pay for health care, the client base of paying patients must increase, and to do this its message needs to reach larger numbers of people. Please help!



- 1 Host a home get-together.** A small home get-together offers Dr. Trinh an intimate setting for sharing the mission and model of St. Joseph Primary Care with friends and family who might be interested in our efforts.
- 2 Offer St. Joseph Primary Care as an employee benefit or ask your employer to consider doing so.** Did you know that if you are self-employed or a business owner, you might be able to save money by offering St. Joseph Primary Care as a health benefits option for your employees? Contact Peter Le at (919) 201-5119 to set up an analysis to determine whether your company is a good fit.
- 3 Complete and return the Friend and Family Referral form (see our website).** We rely largely on “word of mouth” marketing. Reaching more people means expanding our efforts more quickly.
- 4 Invite St. Joseph Primary Care to present to your church and/or community organization.** We’ve added benefactors and donors by presenting to the following religious and secular groups: Knights of Columbus Councils, Catholic churches, Catholic men & women, Bible Studies, men’s groups, the Rotary Club, Ignited by Truth Conference and many more!
- 5 Commit to daily prayer for St. Joseph Primary Care.** We can do nothing without the Lord’s providence. Please consider praying regularly for St. Joseph Primary Care’s success.



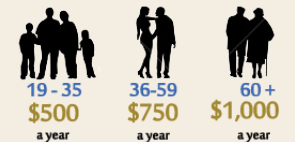
**IRS QUALIFIED CHARITY  
501(C)(3)  
TAX EXEMPT NONPROFIT**

St. Joseph Primary Care is a federally recognized 501(c)(3) nonprofit organization. Your donations are tax-deductible.



## Tell a friend

We strive to keep our administrative costs low, and the quality of our medical care high, so St. Joseph Primary Care does not spend a great deal on advertising. After all, the best advertising is a referral from a trusted family member or friend. So please, tell your family and friends about the unprecedented care you receive from Dr. Trinh.



## Have You Switched Yet?

St. Joseph Primary Care is still accepting new patients (Benefactors). For a modest annual/quarterly contribution (based on age), you receive concierge-style primary care featuring:

- Your choice of Dr. Trinh as your personal physician
- Unlimited office visits at no charge
- Extended appointment times of 30-60 minutes or more
- Same-day scheduling
- 24/7 emergency access to your personal physician by phone or email

Get out of crowded waiting rooms and into St. Joseph Primary Care!

For more information on becoming a patient/benefactor or a donor, contact Peter Le at (919) 201-5119 or peter@stjpc.com

## How It Works >>>

**\$500 \$750 \$1,000**

**You pay 1 fee for 1 year (like a gym membership) and this guarantees you:**

- \*Comprehensive annual wellness visit with 3 essential lab test panels included.
- \*Unlimited office visits with NO co pays.
- \*Flexible appointments (see your doctor as many times as you like).
- \*Direct access to your doctor.
- \*30-60 minutes appointments with your doctor. No rush!
- \*Fee from paying patients funds St. Joseph Charitable Care to care for the uninsured.

If you have health insurance, we'll use it to pay for your medications, labs, procedures, X-rays, or visits to other specialist doctors or hospitals. **Health Insurance**

If you don't have health insurance, we'll cover all your primary care.

## DID YOU KNOW?

\*If NC expands Medicaid, then close to 800,000 uninsured people could gain coverage.

\*\*In Wake County alone, the level estimate of non-elderly uninsured is 149,000 (where 23,000 are children and 126,000 are adults) .

Through the Capital Care Collaborative, qualifying recipient patients at St. Joseph Primary Care can now receive basic laboratory tests, free of charge, at all three Wake County hospital corporations (Duke Raleigh, Rex Healthcare and Wake-Med). They can also receive medication assistance, x-rays, MRIs, CT scans, ultrasound, cardiac testing, pulmonary function testing, nerve conduction studies, hospitalization, and access to more than 20 specialists for no or low cost.

\*Source: NC Institute of Medicine: (1)\*Examining the Impact of the Patient Protection and Affordable Care Act in North Carolina (Jan., 2013) and (2) \*\*the USD Mapper for examining community health assessment.